



LIONS CLUBS INTERNATIONAL

My Service Activities

Frostburg (8923)

FROSTBURG (8923)

Frostburg Lions - Monthly Activity - Summer Lunch Box **October 1, 2016**

aid to disadvantaged children

Frostburg Lions in partnership with AmeriCorps and the Frostburg Summer Lunch Box Program will provided 8,252 lunches to children in the Frostburg, Shaft and Mt. Savage areas of Allegany county, MD. Frostburg Lions provides financial assistance, volunteers, and administrative assistance to the program which runs for 45 days during the summer.

Engaging our Youth campaign

Number of Lions: 10	Number of Lion Hours: 10	Number of People Served: 200	Funds
Donated: 0	Funds Raised: 0		

Village Lions - Monthly Activity - Interaction **October 1, 2016**

aid to the elderly

Village Lions Branch Club - provides a positive image for seniors and staff at Frostburg Village, members socialize and visit with patients and staff on a regular basis through the month

Number of Lions: 5	Number of Lion Hours: 40	Number of People Served: 120	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Monthly Activity - Military Adoption **October 26, 2016**

aid to veterans / military / military families

We adopted to soldiers that are overseas at this time. One is in Irag and the other is in Korea. We will send care packages and items of use to them periodically.

Number of Lions: 33	Number of Lion Hours: 1	Number of People Served: 2	Funds Donated: 0
Funds Raised: 0			

Frostburg Lions - Ongoing Activity - Box Tops for Education **October 1, 2016**

assistance to school

FROSTBURG (8923)

This is an ongoing activity of Frostburg Lions. We collect Box Tops for Education as part of our "alternative fund raising program". Box Tops are presented to local schools. Our goal is \$300 for the year 2016-2017. In 2015-2016 we collected over \$200 for Beall Elementary
Engaging our Youth campaign

Number of Lions: 29	Number of Lion Hours: 29	Number of People Served: 300	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Ongoing Activity - City Lamp Post Committee October 26, 2016

civic services

Provide administrative support and participates in the activities of the City Lamp Post Committee. The committee is responsible for holiday decorations on the Main Street lamp posts. Volunteers work on the wreaths every Tuesday and Thursday night.

Number of Lions: 1	Number of Lion Hours: 10	Number of People Served: 100	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Continuing Project - Children Clothes Collection October 26, 2016

clothes collection

We will be collecting childrens clothes as an ongoing project for a local church that offers free clothing to those in need.

Number of Lions: 33	Number of Lion Hours: 1	Number of People Served: 100	Funds Donated:
0	Funds Raised: 0		

Frostburg Lions - Annual activity - 7th Annual Coats for Kids (and adults) October 26, 2016

clothes collection

Frostburg Lions will conduct the 7th Annual Coats For Kids (and adults) coat drive at the Hotel Gunter - Saturday, October 29. This is our annual "Day Of Service".

Our goal for this year is 200 coats. Coats will be provided to the Frostburg Food Pantry and the Welsh Baptist Church.

Number of Lions: 10	Number of Lion Hours: 25	Number of People Served: 200	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Annual Event - Coats for Kids (& adults) October 29, 2016

clothes collection

FROSTBURG (8923)

Conducted our 7th Annual coats for Kids (and adults) coat drive. We were able to collect nearly 200 coats for adults and children, and provide them to two sources for free distribution.

Number of Lions: 10	Number of Lion Hours: 20	Number of People Served: 200	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Monthly Activity - Provided Storage For AmeriCorps Book Giveaway **October 1, 2016**

education / language / literacy / book collection / book distribution (youth)

Provide free storage for AneriCorps to store 25 pallets of books and other supplies for the upcoming (April 2017) free book giveaway. We are storing as many as 5,000 childrens books, plus an equal number of adult books, in our Lions building
Engaging our Youth campaign

Number of Lions: 298	Number of Lion Hours: 1	Total Participants: 0	Number of People
Served: 500	Funds Donated: 0	Items Donated: 0	Funds Raised:
0		Hours Donated: 0	

Frostburg Lions - Monthly Activity - Food Pantry **October 1, 2016**

food collection / food distribution / hunger

Provide administrative support and staffing for the Frostburg Interfaith Food Pantry. Collect food items, and household products for the "pantry"
Relieving the Hunger campaign

Number of Lions: 3	Number of Lion Hours: 60	Number of People Served: 175	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Monthly Activity - Donation Cans **October 1, 2016**

Fundraising Event / Campaign

Monitor and Maintain a series of "donation cans" in the Frostburg Area. Chans are checked and dumped monthly

Number of Lions: 2	Number of Lion Hours: 3	Funds Raised: 63
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Frostburg Lions - Monthly Activity - Provide Health Counseling **October 1, 2016**

health / support services

FROSTBURG (8923)

Provide, on an as needed basis, one on one health counseling, blood pressure readings, blood sugar testing, and other basic health service as requested

Number of Lions: 1	Number of Lion Hours: 20	Number of People Served: 10	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Monthly Activity - Hospice Volunteer October 1, 2016

health / support services

One members volunteers on a regular basis with the Hospice Program in our county. Typically, volunteers provide respite for the caregiver by staying with the patient while the caregiver is away

Number of Lions: 1	Number of Lion Hours: 10	Number of People Served: 4	Funds Donated:
0	Funds Raised: 0		

Frostburg Lions - Annual Activity - Donation To LVRF October 1, 2016

lions eye health program / sight awareness / education

Frostburg Lions donated \$200 to LVRF in addition to \$100 previously donated for the LVRF Golf Tournament

Sharing the Vision campaign

Number of Lions: 29	Number of Lion Hours: 1	Number of People Served: 100	Funds Donated:
300	Funds Raised: 0		

Frostburg Lions - Annual Activity - 71st Charter Night October 12, 2016

meetings / club visitations

Conducted our 71st charter Night Program with 25 Lions in attendance. District governor Lions Brian Cox delivered an address to the club. This is our annual awards night and numerous award were presented to Lions. Two Frostburg Lions received Melvin Jones Awards

Awards were given for Paws, 1 Gets 1 = 100%, attendance, Proud Lions, and donating to LCIF.

Number of Lions: 25	Number of Lion Hours: 50		
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Frostburg Lions - Ongoing Activity - Attend FSU Campus Lions Meeting October 17, 2016

meetings / club visitations

FROSTBURG (8923)

Two Guiding Lions attended two Monday night meetings this month of the FSU Campus Lions. Participated with Lion Tonya in getting access to MYLCI for the club secretary. Observed and participated in the regular meeting.

Number of Lions: 2

Number of Lion Hours: 6

Frostburg Lions - Monthly Activity - 2nd Meeting of the Month October 26, 2016

meetings / club visitations

Conducted our second meeting of the month, with 11 Lions Present. conducted normal business and future service projects and fund raising events.

Number of Lions: 11

Number of Lion Hours: 22

Frostburg Lions - Monthly Activity - Genealogy Society Assistance October 1, 2016

other assistance to individuals

Provide weekly assistance to the Genealogy Society, and individuals researching family trees. Provided service every Wednesday morning.

Number of Lions: 1

Number of Lion Hours: 12

Number of People Served: 6

Funds Donated:

0

Funds Raised: 0

Frostburg Lions - Monthly Activity - Transportation for Seniors & Disabled October 1, 2016

other assistance to individuals

Provide transportation to seniors and disabled to doctors appointments, errands and other activities. This is a reoccurring activity, and continues each mont

Number of Lions: 7

Number of Lion Hours: 30

Number of People Served: 10

Funds

Donated: 0

Funds Raised: 0

frostburg Lions - Monthly Activity - Food Bank Contribution October 1, 2016

other assistance to individuals

Each Lions Club in the District is being asked to donate 12 food items per member to a food bank or needy family by the end of the year.

Relieving the Hunger campaign

FROSTBURG (8923)

Number of Lions: 29 0	Number of Lion Hours: 2 Funds Raised: 0	Number of People Served: 175	Funds Donated:
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Frostburg Lions - Monthly Activity - Evergreen Foundation October 1, 2016 **other community & cultural activity**

Provide administrative assistance to the Foundation on a monthly basis. One member is on the Board of Directors of this local foundation.

Engaging our Youth campaign

Number of Lions: 1 0	Number of Lion Hours: 3 Funds Raised: 0	Number of People Served: 25	Funds Donated:
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Frostburg Lions - Monthly Activity - Council Of The Alleganias October 1, 2016 **other community & cultural activity**

Two members provide administrative assistance the Council of the Alleganias, providing clerical service and administrative leadership

Number of Lions: 2 0	Number of Lion Hours: 6 Funds Raised: 0	Number of People Served: 25	Funds Donated:
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Frostburg Lions - On Going - Web Page October 1, 2016 **other community & cultural activity**

Update and maintain Frostburg Lions web page. Add new material, update, revise and otherwise keep webpage up to date

Number of Lions: 2 Donated: 0	Number of Lion Hours: 10 Funds Raised: 0	Number of People Served: 100	Funds
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Frostburg Lions - Ongoing Activity - FEMA Educational Materials October 27, 2016 **other disaster preparedness & relief**

Began providing FEMA educational materials to members on a regular basis. the materials are email information and alerts, updates, other information provided by FEMA on a regular basis.

FROSTBURG (8923)

Number of Lions: 33	Number of Lion Hours: 1	Number of People Served: 33	Funds Donated:
0	Funds Raised: 0		

Frostburg Lions - Monthly Activity - Neighbor Helping Neighbor October 1, 2016**other health & wellness**

Provide administrative support and scheduling for Neighbor Helping Neighbor, insuring that transportation requests and needs are provided. Additionally, provide direct transportation of seniors and disabled for doctors appointments and errands

Number of Lions: 4	Number of Lion Hours: 25	Number of People Served: 15	Funds
Donated: 0	Funds Raised: 0		

Village Lions / Frostburg Lions - Weekly Activity - Paw Pal October 1, 2016**other health & wellness**

For two hours every week, Frostburg Lions members, in association with Village Lions, take a dog to the Nursing and Rehab. facility at Frostburg Village for residents and staff to enjoy. The dog absolutely loves it

Number of Lions: 7	Number of Lion Hours: 10	Number of People Served: 120	Funds
Donated: 0	Funds Raised: 0		

Frostburg Lions - Donation - Knitted Knockers October 26, 2016**other health & wellness**

Knitted Knockers are special handmade breast prosthesis for women who have undergone mastectomies or other procedures to the breast. Traditional breast prosthetics are usually expensive, heavy, sweaty and uncomfortable. They typically require special bras or camisoles with pockets and can't be worn for weeks after surgery. Knitted Knockers on the other hand are soft, comfortable, beautiful and when placed in a regular bra they take the shape and feel of a real breast. Our special volunteer knitters provide these free to those requesting them. Knitted knockers can be adjusted to fill the gap for breasts that are uneven and easily adapted for those going through reconstruction by simply removing some of the stuffing.

We donated \$200 to this program

Number of Lions: 33	Number of Lion Hours: 1	Number of People Served: 100	Funds Donated:
200	Funds Raised: 0		

Frostburg Lions - Transportation For Youth Activities October 1, 2016**other opportunities for youth**

Provide weekly transportation to and from youth sports activities in the Frostburg area

FROSTBURG (8923)

Engaging our Youth campaign

Number of Lions: 2 0	Number of Lion Hours: 20 Funds Raised: 0	Number of People Served: 6	Funds Donated:
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Frostburg Lions - Monthly Activity - Story Book Holiday **October 1, 2016**

other opportunities for youth

Provide administrative support and planning for the annual Frostburg Story book Holiday first Saturday in December. This program is a major cooperative effort of numerous groups, businesses and the University.

Engaging our Youth campaign

Number of Lions: 1 0	Number of Lion Hours: 5 Funds Raised: 0	Number of People Served: 100	Funds Donated:
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Frostburg Lions - Monthly Activity - Recycling **October 1, 2016**

recycling

Lions recycle copier toners, cell phones, ink cartridges and other small electronics. Items are collected, sorted packed and shipped to recyclers around the country. We are recycling 90 - 100 copier toners this month.

Protecting our Environment campaign

Number of Lions: 29 0	Number of Lion Hours: 6 Funds Raised: 0	Number of People Served: 100	Funds Donated:
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Frostburg Lions - Monthly Activity - Recycling Programs **October 1, 2016**

recycling

All Frostburg Lions participate in a variety of recycling projects and programs. We recycle cans, plastic, office paper, newspapers and cardboard. 100 to 200 lbs of materials are recycled each month.

Protecting our Environment campaign

Number of Lions: 29 Donated: 0	Number of Lion Hours: 60 Funds Raised: 0	Number of People Served: 45	Funds
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Frostburg Lions - Training Review for F.S.U. Campus Club Officers **October 10, 2016**

training

FROSTBURG (8923)

Two Lions provided orientation and training to the newly elected of officers of the F.S.U. Camus Lions.

Number of Lions: 2	Number of Lion Hours: 3
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Frostburg Lions - Peace Poster Contest October 1, 2016

youth competition / contest / peace poster and essay

District 22-W participates in the Lions Clubs International Peace Poster Contest youth program. District 22-W participates in the Lions Clubs International Peace Poster Contest youth program. For the first time Frostburg Lions will be participating in this program.

We are planning to have the program at Beall Elementary for student age 11 and up. We have 11 students signed up.

Engaging our Youth campaign

Number of Lions: 33	Number of Lion Hours: 2	Number of People Served: 11	Funds Donated:
0	Funds Raised: 0		

Grand Total FROSTBURG			
Number of Lions: 718	Number of Lion Hours: 505	Number of People Served: 2882	Total Participants: 0
Number of Trees Planted: 0	Number of Hearing Aids Collected: 0	Number of Eyeglasses Collected: 0	Twinning Relationships: 0
Funds Raised: 63	Items Donated: 0	Funds Donated: 500	Total Activities: 33